



Primary Disaster Preparedness Concepts

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OVERVIEW

- Mindset
- Situational Awareness
- Everyday Carry Gear (EDC Gear)
- Nine Essential Needs of Any Disaster Situation
- Redundancy & Planning
- Area Of Responsibility (AOR)
- Team Plans
- Primary Shelter in Place Location (Bug In)
- Home Defense Plan
- Bug Out Vehicle
- Secondary Shelter in Place Location (Bug Out)



Mindset

- Sheep, Wolves & Sheep Dogs.
- Preppers see themselves as the guardians of the pack.
- As such they do what they can to be prepared for emergencies and are the folks who are ready to step up in the face of adversity.
- Prepping is all about being able to take care of your family, not only in the best of times, but also in the worst of times.
- If properly prepared many emergencies are little more than an inconvenience. If not prepared they can be catastrophic.



Situational Awareness

- Situational Awareness: Being alert to what is happening around you.
- 3 Stages of Vigilance
 - Green, Yellow, Red
- Entering Establishments
 - Take a P.E.E.C.K
- Apply “Gray Man” Principles
- Know State Self Defense Laws
 - Is your state a stand your ground state or a duty to retreat state?
Does your State have a Castle Doctrine and if so does that extend outside of the home?



Every Day Carry Gear (EDC)

- Tactical Folding Knife
- Cell Phone w/camera
- Pen
- Small Multi-tool
- Tactical Flashlight
- A Way To Start Fire: Bic Lighter / Ferro Rod / Fresnel Lens / etc
- Non-lethal - Pepper Spray, Baton, Kubaton, etc
- CCW Firearm - 380 ACP or 9mm Single Stack or higher
- Extra Loaded Magazine
- Tourniquet / First Aid or Trauma Kit



9 Basic Essential Needs Of Modern Life

1. **Sustenance:** Food & Water.
2. **Protection From Elements:** Clothing & Shelter.
3. **Health:** Emotional, Physical & Spiritual.
4. **Security:** Sense of safety, martial arts, non-lethal and lethal weapons.
5. **Power & Heat Generation:** Electricity, batteries, heat & fire.
6. **Communication:** Get info from the outside world & have comm with team members.
7. **Travel:** Being able to move from one destination to another if required.
8. **Tools:** Force multipliers that enable quick and efficient task completion.
9. **Admin:** Finances, Will, Life Insurance, Emergency Binder, Important Documents, etc.



Redundancy & Planning

- **Murphy's Law:** Anything that can go wrong, will go wrong.
- We try to do what we can to fight against this with redundancy and planning.
- The U.S. military estimates that they will see a 1/3 failure rate within their equipment and plans.
- If you plan for this ahead of time using a P.A.C.E. mindset those failures are not critical.
- Primary, Alternate, Contingency & Emergency (**P.A.C.E.**)



Area of Responsibility (AOR)

- Most people lives consist of Home, Work, Kids School, Church, Local Family, Hobbies & Entertainment.
- Physically draw those locations out on a map and then draw a circle around all of them and that is your AOR.
- This is the area you need to study to determine what you need to plan for.
 - What disasters can and do occur within that area?
 - What disasters are probable?
- Use PACE to determine routes to and from each location that you often frequent.
- Identify bad parts of town and high crime areas.
- What are the high and low population density areas?
- Where are resources located that can be helpful to you in this AOR?
- Don't just be present in your AOR. Study it. Know it well. Be the master of your domain.



Team Plans

- Being a member of a team is crucial. Doing it alone is not a realistic option.
- It does not have to be a formal and organized team, although that does afford you many advantages. Even a casual association of people who agree to help each other in an emergency is better than no team at all.
- When building a team look for the people who you already trust in your life. Friends, Family, Coworkers, Church Members, Hobby Associates, etc.
- Spend time talking with potential members to make plans as to where everyone will meet if there is an emergency.
- Will your team show up at your house or theirs? Or will everyone meet at a different location and bug out together? Go through “What If” scenarios together to get an idea of where everyone is at mentally on various situations.
- As much as is possible look for opportunities to train together before a bad situation happens.



Primary Shelter In Place Location (Bug In)

- Your home is your castle and this is where you will make your stand...until it isn't.
- Make home security upgrades:
 - Deter, Detect, Delay, Defend.
 - Door Armor, Ballistic windows film, security system, motion lights, thorny shrubs, perimeter fence, etc.
- Although it is ideal to be able to stay in your home if possible, realize that there are many situations that could force you to have to leave. So we have to also be prepared for that possibility.
- Make sure you have a Bug Out Bag ready to go for each member of the home.
 - Should cover the basics and weight no more than 20% of your body weight.



Home Defense Plan

- When most people hear Home defense they immediately think of dogs or a pump shotgun. Those are great!
- That can be a great start but there is more to it than just having a firearm.
- Firearm recommendations:
 - A high capacity full size 9mm - hollow point ammo.
 - 12 gauge shotgun (pump or semiauto) - use #4 buck shot.
 - AR-15 Pistol w/hollow point or expandable ammo.
- Does the firearm have a light/laser on it? A sling?
- Is the firearm safe located in your bedroom for quick access?
- Body Armor (For you and spouse).
- Make a plan to determine who will do what if someone breaks in. Kids?
- Spend some time identifying safe shooting lanes within your home.
- Identify locations that provide real cover within the home, not just concealment. (drywall walls are concealment).



Bug Out Vehicle

- For most people this will be there everyday vehicle
 - Make sure to have a get home bag, trauma kit and emergency gear in your daily driver.
 - Keep your fuel tank above half tank.
 - Keep a weapon & extra ammo in the vehicle if legal in your state. (Use discretion)
 - A folding bicycle is a great option to speed up a trip home if you can't drive.
 - A subdued color 4WD SUV or truck is ideal because they can haul more gear should you need to bug out.
- Small enclosed box trailer or small utility trailer.
- RVs are also a great option
- ATV / UTVs / Dirt Bikes
- Electric Bikes / Bicycle / Small trailer
- Game Cart / Jogging Stroller / 2 Wheeled Dolly



Secondary Shelter In Place Option (Bug Out Location)

- Multiple situations could force you to leave your home. You need to be ready to leave in short notice should this situation arise. But you need to have a place to go!
- Ideally you would like to be able to go to a location that you own. It should have on site shelter and supplies pre-positioned. (Bug Out Location) - Low pop density, resource rich, rural, secluded.
- If you don't have your own land to go to you may be able to utilize a friend or families home who lives out of the affected area. Arrange this ahead of time. Preposition supplies.
- Keep a list of hotel phone numbers that are a couple of hours away from you that could be used in natural disasters or regional events.
- Last Resort: If none of the above is a possibility you should scout out several locations on public land or national forest or BLM land ahead of time that would be good places to camp with plenty of resources in the area. Avoid private property unless you have permission (or a lease?). If public land is not suitable you could consider commercially owned land, but realize that this is trespassing, so it should only be done as a last resort.



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Questions?

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