



Trauma Kit Contents

Trauma kits should be carried by anyone who carries a concealed weapon as a part of their every day carry gear. The purpose of a trauma kit is to be able to treat a wide variety of gun shot wounds or major bleeding. These are not boo boo first aid kits. These are specifically made to handle major trauma. The use of trauma kits like these in combat has significantly raised the survival rate of soldiers shot in the field. However, it is important that you also take a class to learn how to use each of the components listed below. I recommend taking a Tactical Emergency Casualty Care (TECC) class (<http://www.naemt.org/education/tecc>) if possible. You can find a class being offered near you here: <http://www.naemt.org/education/CourseDirectory>.

I have listed three different sizes of trauma kits below starting with the smallest and working up to a larger active shooter response trauma kit.

The bare minimum kit listed below is a bare bones kit designed to be able to handle most common types of gun shot wounds in extremities, but is not fully adequate for significant abdominal trauma. However, the kit is small and light enough that it can be easily carried in a cargo pocket or in an ankle holster on a daily basis.

Bare Minimum EDC Trauma Kit:

1. Gen 2 RATS Tourniquet: <https://amzn.to/362zz4A> or use a North American Rescue Gen 7 CAT Tourniquet: <https://amzn.to/2T6QRrS> if you prefer to have the ability for one handed application. The RATS tourniquet is significantly smaller, but the CAT is significantly easier to apply and more effective.
2. North American Rescue 4 Inch Emergency Trauma Dressing: <https://amzn.to/3bxngOO>
3. Two packages of North American Rescue Compressed Gauze: <https://amzn.to/2WVLs89>
4. One QuikClot Advanced Clotting Gauze: <https://amzn.to/2Av25A2>
5. One Pair of North American Rescue Nitrile Gloves: <https://amzn.to/2Z3DqwA>
6. One Benchmade 7 BLKW Rescue Hook Strap Cutter: <https://amzn.to/2ZgPTgL>
7. Small Sharpie: <https://amzn.to/3dKDANy>

I would recommend vacuum sealing the items in a small configuration so that they could easily be carried in a cargo pocket or utilize a Glaco Ankle Trauma Medical Kit Holder: <https://amzn.to/3bxNOiI>.

To buy Pre-Assembled with slightly different (and larger components): North American Rescue Pre-Assembled Trauma Kit (\$49.95): <https://amzn.to/2y44dhh>



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The EDC Backpack Trauma Kit listed below is considerably more comprehensive and is designed to be able to handle more significant wounds to the abdominal area. Most likely this type of a kit would be carried in an EDC backpack, large purse or in a vehicle.

EDC Backpack Trauma Kit:

1. Two North American Rescue Gen 7 CAT Tourniquets: <https://amzn.to/2T6QRrS>
2. Two North American Rescue 6 Inch Emergency Trauma Dressings: <https://amzn.to/2WyMgAO>
3. Two packs of North American Rescue Compressed Gauze: <https://amzn.to/2WVLs89>
4. Two pairs of North American Rescue Nitrile Gloves: <https://amzn.to/2Z3DqwA>
5. One pair of North American Rescue Trauma Shears: <https://amzn.to/35ZAWRm>
6. One roll of 1 inch wide cloth surgical tape: <https://amzn.to/3fNqEIt>
7. Small Sharpie: <https://amzn.to/3dKDANy>
8. One #28 Nasopharyngeal Airway (NPA) & lube: <https://amzn.to/2WT7CYC>
9. One QuikClot Advanced Clotting Gauze: <https://amzn.to/2Av25A2>
10. 14 Gauge Needle Decompression Kit with Two Hyfin Vent Chest Seals : <https://amzn.to/35ZFG37>
11. One roll of Cohesive Bandage 2” x 5 yards: <https://amzn.to/2Z3GbxW>
12. One North American Rescue Triangle Bandages: <https://amzn.to/2WYz3jD>
13. One 3 Inch ACE Elastic bandages: <https://amzn.to/2XbFrV9>
14. One Emergency Blanket: <https://amzn.to/3fOcsyZ>
15. Two NAR CAT Tourniquet Holders: <https://amzn.to/3dNDPYk>
16. Orca Tactical MOLLE EMT Blowout Pouch: <https://amzn.to/2WxBVFh>



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The Active Shooter Response Trauma Kit listed below is designed to be able to treat multiple victims in the aftermath of an active shooter incident. It would likely be carried in a vehicle due to its size and weight.

Active Shooter Response Trauma Kit:

1. Four North American Rescue Gen 7 CAT Tourniquet: <https://amzn.to/2T6QRrS>
2. Two North American Rescue 6 Inch Emergency Trauma Dressing: <https://amzn.to/2WyMgAO>
3. Two North American Rescue 4 inch Emergency Trauma Dressings: <https://amzn.to/2Z6HpbK>
4. Six packages of North American Rescue Compressed Gauze: <https://amzn.to/2WVLs89>
5. Three Pairs of North American Rescue Nitrile Gloves: <https://amzn.to/2Z3DqWA>
6. One Pair of North American Rescue Trauma Shears: <https://amzn.to/35ZAWRm>
7. Small Sharpie: <https://amzn.to/3dKDANy>
8. Two rolls of 1 inch wide cloth surgical tape: <https://amzn.to/3fNqEIt>
9. Two #28 Nasopharyngeal Airway (NPA): <https://amzn.to/2WT7CYC>
10. Three QuikClot Advanced Clotting Gauze: <https://amzn.to/2Av25A2>
11. One Pack (2 seals) Hyfin Vent Chest Seals: <https://amzn.to/3bvXjyP>
12. Two 14 Gauge Needle Decompression Kits with Two Hyfin Vent Chest Seals: <https://amzn.to/35ZFg37>
13. Two 36 Inch SAM Splint: <https://amzn.to/2zHpfCB>
14. Four Rolls of Cohesive Bandage 2" x 5 yards: <https://amzn.to/2Z3GbxW>
15. Four North American Rescue Triangle Bandages: <https://amzn.to/2WYz3jD>
16. Four 3 Inch ACE Elastic bandages: <https://amzn.to/2XbFrV9>
17. Four Emergency Blankets: <https://amzn.to/3fOcsyZ>
18. Blackhawk Rapid Flex Medical Litter: <https://amzn.to/3buZZNr>
19. Orca Tactical Backpack: <https://amzn.to/2WXcMCP>